

Northeast 7v7 Tournament Rules

GENERAL PROCEDURES & SAFETY RULES

1. Print and bring a copy of these rules and policies.
2. Arrive at least 1 hour before your first game. The schedule will not be changed or held for late teams.
3. Upon arrival check in at the registration table with your **event roster** and **player releases**. Your team shirts will be distributed at this time. Please count them (18) at the registration table; once you leave the table we will not supply extras shirts.
4. Set up a team area near your pool field but not on the sideline.
5. Be ready once the game in front of you ends, your game starts in 6 minutes.
6. Once your games ends you will have 30-60 minutes off – clear your sideline – hydrate
7. Two of the five teams from each pool will advance, do not leave early, play all 4 of your games
8. Officials will keep the score and you should as well, please check after every score.
9. Officials and/or the Director have final call on any discrepancies, rule violations or other situations that delay games/ need interpretation. Every effort will be made to resolve these situations in a fair manner.
10. Player safety and behavior is critical to the tournament - See rules
11. The Athletic Trainer will have the final decision if an injured can return to play. Head injuries will likely be ruled out for the day and a call to the parents will be made.
12. Pool games are 24 minute game of running time. Playoff games are 20 minutes of running time.
13. No timeouts, Clock only stops for injured player on the field, Official will keep the make-up time and notify both team to play through the horn.
14. In case of weather delay or other emergency teams should seek cover and send a coach to the registration table for instruction when safe.
15. Games interrupted by weather are final if one of the following happens; 20 minutes played, 16 minutes played and it is a 2 score game (9 point or greater lead) or one team decides not to resume or leaves.

TEAM & COACHING RULES

1. All Players must wear the tournament supplied shirt. Only 18 players can play in the tournament, you cannot substitute players during the tournament or switch shirts. Violation of this rule is a forfeit of the game.
2. No hats and only prescription glasses can be worn.
3. Offensive huddle - Seven players and one coach can be in the offensive huddle.
4. Defensive huddle – Seven players, No coach allowed in huddle or behind the goal line.
5. Coaching must come from the sideline and the sideline box is the 40 to the 15 yard line.
6. Offensive players can wait at the 40 yard line while their team defends a conversion ONLY. However, you must wait for the officials whistle before snapping the ball. The officials will require several seconds to align / reset play clock. You CANNOT wait at the 40 in any other situation.
7. No switching balls after an incomplete pass to gain an advantage over an opponent. Normal switches are allowed.
8. It is the responsibility of the offensive team to retrieve the ball or assist in retrieving the ball.
9. Teams should keep all equipment and gear in a team area. The sideline should be kept clear.

STARTING THE GAME

1. Teams must be on opposite sidelines.
2. The game clock is controlled at the registration table. Games are started and finished by Air Horn. Plays started before the final air horn count.
3. Offenses always move in the same direction.
4. Visiting team starts with the ball in pool play. In the Playoffs there will be a coin flip for the ball.
5. If team's have the same color shirts the team that starts with the ball will wear pennies. (provided)

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MOVING THE BALL

1. The Offense starts at the 40 yard line and has 3 downs to make a first down. First downs can be picked up by moving the ball past 25 and 10 yard line or by penalty.
2. Once the ball is snapped you have 4 seconds to attempt a pass. All the officials have a 4 second timer!
3. After a 1st down the ball is placed at the attained LOS.
4. You must use a legal formation. Motion and/or shifts are allowed.
5. Running plays are not allowed.
6. The offense has 25 seconds to snap the ball once it is spotted and/or blown into play.
7. The first player to touch the ball is considered the QB. This player has 4 seconds to pass or handoff.
 - a. If the ball is handed off or pitched the player **MUST** pass the ball, and he can **NOT RUN PAST the LOS**. This does stop the 4-second clock.
 - b. The defense can cross the LOS, after a handoff or pitch to tag ball carrier, Otherwise the defense **CAN NOT** cross the LOS.
 - c. If a player is tagged behind the LOS it becomes the new LOS. If this is **behind the 40 yard line the possession is OVER. No points are awarded.**
8. A center must snap the ball. The center is not illegible to catch the ball or block and must be a PLAYER.
9. The ball must be hiked by either a conventional or unconventionally method.
10. A play is over when a player is tagged with ONE HAND, the ball is fumbled (no change of possession), or the player runs out of bounds.
9. If the ball hits the ground or a player with possession of the ball is on the ground the play is over. No change of Possession. This includes the SNAP.
10. The offense **CAN NOT** block. Blocking is when an offensive player extends his hands onto, leans into, or changes his path to impede a defensive player. Example – Leading a player to the goal line fine as long as the player stays on course and doesn't against course to impede defender.
11. A player needs ONE foot or body part inbounds for a catch.

SCORING

1. Six points for a touchdown. A Conversion **MUST BE** attempted in Pool play after **all scores** (defensive too). You can get ONE point for a successful conversion from the 5 yardline and TWO points if the conversion is successful from the 10 yardline. **The Defense CANNOT score on conversion attempts.**
2. The defense can only score if they advance an interception PAST the 40 yard line with no penalties
3. Games ending in a tie will play overtime to determine the winner. The winning team is awarded one extra point - so a 28-28 tie would have a final score of 29-28.

OVERTIME RULES

POOL PLAY = Each Team gets 1 play from the 40 yardline. The team that started with the ball goes first. Team with the most yards wins. If no yards are gained or the officials deems it a tie, switch the order and play again. If a penalty is called, it is enforced and it may result in another play. Play until a winner.

PLAYOFFS = Each Team gets 2 downs from the 10 yard line, if touchdown is scored then PAT is attempted (1 pt or 2 pt), Play until a winner (alternate possessions if 2nd overtime) All rules apply.

TIEBREAKERS (Pool Play)

2 Teams - head to head

3 Teams – head to head, points scored, points allowed, and coin toss – Once the first team is selected then head to head for the remaining two teams.

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PENALTIES -

Games cannot end on a penalty, if not declined, play 1 untimed down. Coaches or players may not challenge plays in an effort to delay the game. The official/director can start the 25 second clock in such a situation.

Offensive

All Offensive Penalties are a **Loss of Down**, return to LOS unless; Examples; *Blocking, Delay of Game, OPI*

1. Dead ball offensive penalties will be blown dead with loss of down.
2. Live plays with offensive penalties will continue. The Defense can decline and accept the play result.
3. Penalties on 3rd down end the possession.

Defensive

All Defensive Penalties result in yardage and down over unless;

1. **Pass Interference** = is a SPOT FOUL & Automatic 1st Down (PI in end zone - 1st down at the 3 yard line)
2. **Unnecessary Roughness & Unsportsmanlike Conduct** = 10 yards & Automatic 1st Down *

- Example of 5 yard penalties - Offside or Delay of Game
- Example of 10 yard penalties – Holding or Hands-to-Face

*** Unnecessary Roughness & Unsportsmanlike Conduct – if excessive will be an ejected**

Dead Ball Unsportsmanlike Conduct penalties will be treated as follows;

- A. If off-setting both players are ejected for the game.
- B. Offensive – Loss of next down and possible ejection.
 - a. If after 3rd down, the other team will start the next offensive drive at the 30
 - b. If the game is over and tied the other team will get 5 yards added to their overtime position.
- C. Defensive – 10 yards and Automatic 1st down and possible ejection.
 - a. If after a 3rd down, your Offense will lose a down on the next series
 - b. If the game is over and tied the other team will get 5 yards added to their overtime position.

POINTS OF EMPHASIS – Less contact at the beginning and end of plays

Press Coverage – a defender is allowed to jam a receiver once at the LOS, below the neck and within the first 5 yards. Repeated jams or grabbing of the jersey is Holding (10 yards & Down over)

Defensive players must play the ball – if deemed excessive ejection. - A defender must play the BALL at all times or concede a catch. A defender can challenge any pass but CANNOT **tackle, bring to the ground, play thru/or ram** a receiver to defend. Roughing 10 yards

Defensive Player contact – if deemed excessive ejection - Defensive players are allowed to make contact with an offensive player with their hands only. Using a forearm, leg, shoulder or other body part to strike an offensive player is not allowed. Roughing 10 yards

Ejection Policy

- A. All ejections are final
- B. An Official or the Director can ejected a player or coach for; swearing, repeated taunting, unnecessary roughness, repeated verbal abuse to an official and fighting (Done for the day)
- C. Any player or coach ejected must leave the sideline and is out for the remainder of the game.
- D. If a player or coach is ejected twice he is disqualified from the tournament.